

Resource Guide for Strafford County			
Resource	Organization	Address/Internet Address	Phone Number
Shelters: Contact prior to arrival.	Home for Now	202 Washington St., Rochester	603-332-3065
	My Friend's Place	368 Washington St., Dover	603-749-3017
	Cross Roads House	600 Lafayette Rd., Portsmouth	2-1-1 or 603-436-2218
Homeless- ness Services	2-1-1 NH		2-1-1
	Coordinated Access (Shelter Referral)		603-435-2448
	Homeless Outreach & Drop-In Center	577 Central Ave., Ste. 10, Dover, straffordcap.org	603-435-2500
	NH Emergency Rental Assistance Program	straffordcap.org_covid19@straffordcap.org	603-435-2500
	ServiceLink	1 Wakefield St., Rochester	603-332-7398
	Waypoint Street Outreach Program (Ages 12-24)	279 Locust St., Dover	603-828-3385 or 1-800-640-6486
Housing: Section 8 Voucher, Public Elderly & Disabled Housing	NH Emergency Rental Assistance Program	straffordcap.org_covid19@straffordcap.org	603-435-2500
	NH Housing Finance Authority	32 Constitution Dr., Bedford	603-472-8623
	Integrative Housing Pilot Waitlist (People with Felony Convictions)	Infinity Peer Support Staff has Applications	Cgodbout@LRMHC.org
	Dover Housing Authority	62 Whittier St., Dover	603-742-5804
	Rochester Housing Authority	77 Olde Farm Ln., Rochester	603-332-4126
	Somersworth Housing Authority	28 Franklin St., Somersworth	603-692-2357
Voting Infor- mation	Voting Rights	https://drcnh.org/issue-areas/voting/	(603) 228-0432
	Vote Smart: Facts Matter	https://justfacts.votessmart.org/	
	Elections: Everything You Need to Know	https://www.sos.nh.gov/elections/elections/	
	Ballotpedia: New Hampshire	https://ballotpedia.org/New_Hampshire/	
Credit	Consumer Credit Counseling Service	credit.org	1-800-431-8157
	Federal Housing Authority	hud.gov_answers@hud.gov	1-800-CALL-FHA/ TTY 1-800-879-8339
Food Pantries/ Meals	Barrington Community Food Pantry	105C Ramsdell Ln., Barrington	Thurs: 6 pm to 7:30 pm 603-664-0233
	Community Action Partnership of Strafford County	577 Central Ave., Ste. 10, Dover	Mon—Fri: 8:30 am to 4:30 pm 603-430-4237 or 603-435-2500
	Community Food Pantry	176 West High St., Somersworth	Mon: 10 am to 12 pm, Wed: 6 pm to 8 pm, Thurs: 3 pm to 5 pm 603-692-2907
	Cornucopia Food Pantry (By Appointment Only)	15 Mill Rd., Durham	Tues: 3 pm to 6 pm, Wed: 1 pm to 4 pm, Fri: 12 pm to 2 pm 603-862-1165
	Dover Food Pantry	1 Silver St., Dover	Tues: 3 pm to 5 pm, Thurs: 9 am to 11 am 603-749-7827
	Emmanuel Advent Christian Church	63 Eastern Ave., Rochester	Senior Breakfast, Wed: 9 am Dinner, Second and Fourth Fri: 5 pm 603-332-5353
	First Congregational Church, UCC Food Pantry*	63 South Main St., Rochester	Mon—Thurs: 10 am to 1 pm 603-332-1121
	First United Methodist Church	34 South Main St., Rochester	Sun, Tues, Thurs: 5 pm 603-332-4170
	Gather Mobile Food Pantry	57 Wakefield St., Rochester	Tues: 2:30 pm to 5:30 pm 603-332-9689
	Gerry's Emergency Food Pantry*	150 Wakefield St., Ste. 14, Rochester	Mon & Wed: 9 am to 3 pm, Fri: 9 am to 11 am 603-335-0011
	Goodwin Mobile Health Services Van	10 Olde Farm Ln., Rochester	Wed: 12 pm to 2 pm
	Grab & Go	Dover Transportation Center, Dover	
	Grace Food Pantry	57 Wakefield St., Rochester	Last Sat: 3:45 pm to 5 pm 603-332-9689
		9 Mechanic St., Farmington	Thurs: 9 am to 11 am 603-332-9689
	Interfaith Food Pantry at First Congregational Church	400 Main St., Farmington	Last Sat: 9:30 am to 10:30 am (only Farmington & Middleton residents) 603-755-4816
	New Durham Food Pantry	5 Main St., New Durham	Sat: 9 am to 10 am 603-817-0372
	Our Daily Bread at St. Joseph's Church	150 Central Ave., Dover	Tues, Wed, Sat: 10 am to 12 pm 603-742-4837
	Red's Good Vibes Food Truck	Dover Transportation Center, Dover	
	Rochester Fellowship Kitchen	34 Main St., Rochester	
	Seeds of Faith Food Pantry	1 Front St., Ste. 160, Rollinsford	
	St. Thomas Moore Food Pantry	6 Madbury Rd., Durham	
	Salvation Army	10 Olde Farm Ln., Rochester	Mon, Wed, Fri: 9 am to 2 pm 603-332-2623
	Seymour Osman Community Center	40 Hampshire Circle, Dover	
	Strafford Nutrition & Meals-on-Wheels	25 Bartlett Ave., Ste. A, Somersworth	Mon, Tues, Thurs, Fri: 10:30 am to 1:30 pm 603-692-4211
	Third Baptist Church	30 Strafford Rd., Strafford	
	We Care Food Pantry	370 White Mountain Hwy., Milton	Fri: 9:30 am to 6:30 pm 603-923-9456
Wilkinson Food Pantry at Lee Congregational Church	17 Mast Rd., Lee	First & Third Mon: 5:30 pm to 7 pm 603-659-2861	
*Clothing	CERV	96 New Rochester Rd., Dover	
	First Congregational Church, UCC Food Pantry	63 South Main St., Rochester	603-332-1121
	First Parish Church	218 Central Ave., Dover	603-742-5664
	Gerry's Emergency Food Pantry	150 Wakefield St., Ste. 14, Rochester	603-330-3468
	Goodwill	450 High St., Somersworth	603-343-5560
	Honeybee Thrift Shop	180 Route 108, Somersworth	603-923-0099
	Salvation Army	28 Signal St., Rochester	603-332-2698
	Second Chance	1 Winter St., Ste. 5, Rochester	603-395-0762
	Thrift & Gift Shop	180 Rochester Hill Rd., Rochester	603-332-1376
Furniture	Round Robin Antiques & Used Furniture	69 High St., Somersworth	603-692-5610
	Trinkets & Treasures	125 Milton Rd., Rochester	603-332-8282
Employ- ment Services	Complete Labor & Staffing	314 Central Ave., Dover	603-343-2661
	CoWorx Staffing Services	130 Central Ave., Ste. 3, Dover	603-834-6002
	Express Personnel Services	472 High St., Somersworth	603-742-0880
	McIntosh Staffing Resources	65 Belknap St., Ste. 6, Dover	603-742-8325
	NH Employment Security	6 Marsh Brook Rd., Somersworth	603-749-7515
	People Ready	517 Central Ave., Dover	603-740-0891
Non-Emer- gency Medicaid Transpor- tation	NH DHHS (One Call)	48-Hour Notice Required	1-833-303-0653
	NH Healthy Families (MTM)	3-Day Notice Required	1-888-597-1192
	Well Sense (One Call)	48-Hour Notice Required	1-844-909-7433
	AmeriHealth Caritas NH (CTS)	48-Hour Notice Required	1-833-301-2264
	TTY Services and Hearing Impaired		7-1-1, 1-800-735-2964
	Family & Friends Mileage Reimbursement	Advance Approval Required	NH DHHS 1-833-303-0653 NH Healthy Families 1-888-597-1192 Well Sense 1-844-909-7433 AmeriHealth Caritas NH 1-833-301-2264
Transpor- tation	Alliance for Community Transportation	42 Sumner Dr., Dover	603-743-5777 x120
	COAST (Limited Saturday Service)	42 Sumner Dr., Dover	603-743-5777
	MyRideNH	myridenh.com	603-335-7433
	TripLink	triplink@communityrides.org	603-843-6010

DUI/DWI Driver Intervention Programs	Alcohol Program	onlinealcoholclass.com		
	Amethyst Foundation	120 Hedding Rd., Epping	603-679-2100	
	Community Alcohol Information Program	119 North Main St., Boscaawen, nhdwi-caip.com	603-753-8181	
Mobile Service for Medicaid/ Non-Medicaid Recipients	AmeriHealth Caritas NH	Must provide Name, Date-of-Birth, Medicaid Number and potentially ID.		
	NH Healthy Families		603-493-0311 (Gina)	
	Well Sense		603-263-7208 (Jo Ann)	
	Access Wireless	accesswireless.com	\$0+/mo. to those qualified 1-888-900-5899	
	Assurance Wireless	assurancewireless.com	\$0 to \$9.95/mo. to those qualified 1-888-898-4888	
	SafeLink Wireless	safelinkwireless.com	\$0+/mo. to those qualified 1-800-723-3546	
General Health	Families First	8 Greenleaf Woods Drive, Portsmouth	603-422-8208	
	Frisbie Memorial Hospital	11 Whitehall Rd., Rochester	603-332-5211	
	Goodwin Community Health	311 Route 108, Somersworth	603-749-2346	
	Greater Seacoast Community Health Mobile Health Services Van	Mondays (3 pm—5 pm)	33 Chestnut St., Train Station, Dover	603-766-9220 ext. 1 (No Appointment Needed, Always Confidential) (Goodwin Community Health, Families First, Lilac City Pediatrics)
		Tuesdays	Telehealth & In-Office Appointments Available Upon Request, getcommunityhealth.org	
		Wednesdays (12 pm—2 pm)	10 Olde Farm Rd., Salvation Army, Rochester	
		Wednesdays (3 pm—5 pm)	577 Central Ave., CAP, Dover	
		Wednesdays (12 pm—2 pm)	53 Lincoln St., St. Vincent de Paul, Exeter	
		Thursdays (8:30 am—11 am)	600 Lafayette Rd., Cross Roads House, Portsmouth	
		Thursdays (11:30 am—1:30 pm)	101 Chapel St., St. John's Church, Portsmouth	
	Fridays	Telehealth & In-Office Appointments Available Upon Request, getcommunityhealth.org		
	Lilac City Pediatrics	180 Farmington Rd., Rochester	603-335-4522	
	Wentworth-Douglass Hospital	789 Central Ave., Dover	603-742-5252	
	Wentworth Health Partners	10 Members Way, Dover	603-609-6930	
Mental Health	Community Partners	50 Chestnut St., Dover & 25 Old Dover Rd., Rochester	603-516-9300	
	Goodwin Community Health	311 Route 108, Somersworth	603-749-2346	
	Great Bay Mental Health Associates	35 Second St., Dover	603-742-9200	
	Infinity Peer Support	55 Summer St., Rochester	603-948-1036	
	National Alliance on Mental Illness NH	85 N. State St., Concord	603-225-5359	
	Salmon Falls Behavioral Health	1 Old Dover Rd., Rochester, salmonfallsbehavioralhealth.com	603-335-2444	
Domestic Violence	Haven (formerly A Safe Place and SASS)	24-Hour Hotline	603-994-7233	
	NH Coalition Against Domestic & Sexual Violence	P.O. Box 353, Concord	603-224-8893	
Warm Lines & Hot Lines	Peer Warmline	544 Islington St., Portsmouth	603-427-6966 or 1-800-809-6262	
	Suicide Prevention Hotline		1-800-273-TALK	
	Veteran Crisis Hotline		1-800-273-TALK	
Substance Use Disorder	The Doorway	798 Central Ave., Dover	2-1-1	
	Better Life Partners (Suboxone Counseling)	44 South Main St., Ste. 2, Hanover	1-866-679-0831	
	Hope on Haven Hill	158 Route 108, Somersworth	603-841-5353	
	Positive Transitions (Men with 30+ Days Sobriety)	16 Pine St., Rochester	603-851-7907	
	SOS Recovery Community Organization	4 Broadway, Dover & 14 Signal St., Rochester	603-841-2350	
	Southeastern NH Services	272 County Farm Rd., Dover	603-516-8160	
Harm Reduction	Hand Up Health Services	5 Hale St., Dover	207-370-7187	
		Signal St. & Olde Farm Ln., Rochester		
		84 Elm St., Somersworth		
	NH Harm Reduction Coalition	Rochester	603-534-0932	
SOS Recovery Community Organization	4 Broadway, Dover & 14 Signal St., Rochester	603-841-2350		
Child & Elderly Services	Bureau of Elder & Adult Services	Concord	603-271-7014 or 1-800-949-0470	
	Child Protective Services	Concord	603-271-6562 or 1-800-894-5533	
	ServiceLink	25 Old Dover Rd., Rochester	603-332-7398 or 1-866-634-9412	
	Strafford County Head Start	577 Central Ave., Dover	603-652-0990	
	Women, Infants & Children (WIC)	311 Rte. 108, Somersworth	603-332-4358/1-800-942-4321	
	NH State Office of Veterans' Services	275 Chestnut St., Rm. 517, Manchester	603-624-9230/1-800-735-2964	
Veterans	VA Clinic	5 Terrascape Pkwy., Somersworth	603-624-4366 x3199	
	Vet2Vet USA	moea1@verizon.net	203-623-0731	
	Veterans Count	555 Auburn St., Manchester, vetscount.org	603-621-3570	
		61 Locust St., Dover	603-742-1030	
Educational Opportunities		63 South Main St., Rochester	603-335-6200	
	Dover Center for Health & Rehabilitation	307 Plaza Dr., Dover	603-742-2676	
	Empire Beauty School	456 High St., Somersworth	603-842-6192	
	Great Bay Community College	5 Milton Rd., Unit 32, Rochester	603-427-7600 or 1-800-522-1194	
	Birth Certificate	31 Wakefield St., Rochester	603-332-1167	
Documents & Government Assistance	Driver's License/Non-Driver ID	50 Boston Harbor Rd., Dover	603-227-4000	
	Food Stamps	150 Wakefield St., Rochester	1-800-852-3345 ext. 4238	
	Home Base (Veteran Support & Recovery)		617-724-5205	
	NH Department of Health & Human Services	150 Wakefield St., Rochester	1-800-862-5300	
	Social Security Administration	215 Commerce Way, Ste. 200, Portsmouth	1-888-397-9796 (local), 1-800-772-1213 (national), FAX 1-833-950-3589	
Legal Assistance	603 Legal Aid (formerly Legal Advice & Referral Center/NH Bar Association's Pro Bono Program)	93 North State St., Ste. 200, Concord	1-800-639-5290 or 603-224-3333	
	Disability Rights Center	64 North Main St., Ste. 2, 3 rd Floor, Concord	1-800-834-1721 V/TTY or 603-228-0432	
	NH Legal Assistance	117 North State St., Concord	603-224-1407	
Courts	NH Judicial Branch (All Courts)	courts.nh.gov	1-855-212-1234	
Welfare Offices	Barrington	333 Calef Hwy., P.O. Box 660, Barrington	603-664-0154	
	Dover	61 Locust St., Dover	603-516-6500	
	Durham	15 Newmarket Rd., Durham	603-868-8043	
	Farmington	356 Main St., Farmington	603-755-3100	
	Lee	249 Calef Hwy., Lee	603-969-8251	
	Madbury	13 Town Hall Rd., Madbury	603-742-5131	
	Middleton	182 Kings Hwy., Middleton	603-473-5230	
	Milton	424 White Mountain Hwy., P.O. Box 310, Milton	603-403-2320	
	New Durham	4 Main St., P.O. Box 207, New Durham	603-859-2091 ext. 2	
	Rochester	31 Wakefield St., Ste. 3, Rochester	603-332-3505	
	Rollinsford	667 Main St., P.O. Box 309, Rollinsford	603-534-1049	
	Somersworth	157 Main St., Somersworth	603-692-9509	
	Strafford	12 Mountain View Dr., P.O. Box 23, Strafford	603-664-2192 ext. 108	
	Infinity Peer Support, Revision 15, 10/28/2022, (Updated with info from Community Action Partnership of Strafford County & Greater Seacoast Community Health).			

