

# November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Commemorative markers for Teenage Mutant Ninja Turtles</b></p>  <p>November 8<sup>th</sup> at 12:00 pm</p>	<p><b>Festival of Trees</b></p>  <p>December 1<sup>st</sup> at 4 pm</p>	<p><b>1</b> Riddle of the day 9:45 Meditation <b>10:15 It's Grief: The Dance of Self Discovery</b> 11:15 Men's Group 1:00 Journaling</p>	<p><b>2</b> Riddle of the day 9:45 Meditation <b>10:30 Ted Talks</b> 11:30 Painting Rocks 1:00 Make Your Money Count <b>7:00 NA Meeting</b></p>	<p><b>3</b> Riddle of the day 9:45 Meditation 10:30 Art as Recovery 11:30 Clean Team 1:00 Singing and Dancing</p>
<p><b>6</b> Riddle of the day 9:45 Meditation <b>10:30 The Letting Go Guided Journal</b> 11:30 Digital/Book Coloring <b>12:30 Hearing Voices Network</b></p>	<p><b>7</b> Riddle of the day 9:45 Meditation <b>10:30 Dare to Lead</b> <b>12:30 Newsletter Workgroup</b> <b>7:00 NA Meeting</b></p>	<p><b>8</b> Riddle of the day 9:45 Meditation <b>10:15 It's Grief: The Dance of Self Discovery</b> <b>11:00 Woodman's Museum/Teenage Mutant Ninja Turtles</b> 11:15 Men's Group <b>12:30 Reiki with Renee</b></p>	<p><b>9</b> Riddle of the day 9:45 Meditation <b>10:30 Ted Talks</b> 11:30 Crocheting and knitting lessons 1:00 Planning for Special Events <b>7:00 NA Meeting</b></p>	<p><b>10</b> <b>CLOSED VETERANS DAY</b></p> 
<p><b>13</b> Riddle of the day <b>Newsletter Submissions Due</b> 9:45 Meditation <b>10:30 The Letting Go Guided Journal</b> 11:30 Digital/Book Coloring <b>12:15 Hearing Voices Network</b></p>	<p><b>14</b> Riddle of the day 9:45 Meditation <b>10:30 Dare to Lead</b> <b>12:30 Reiki with Renee</b> <b>7:00 NA Meeting</b></p>	<p><b>15</b> Riddle of the day <b>8:30 Staff Meeting</b> 9:45 Meditation <b>10:15 It's Grief: The Dance of Self Discovery</b> <b>12:00 Community Meeting/Harvest Dishes/Granite Recovery Centers</b></p>	<p><b>16</b> Riddle of the day 9:45 Meditation <b>10:30 Ted Talks</b> 11:30 Thanksgiving Craft 1:00 Free Events Near You <b>7:00 NA Meeting</b></p>	<p><b>17</b> Riddle of the day 9:45 Meditation 10:30 Art as Recovery 11:30 Clean Team 1:00 Games and Puzzles</p>
<p><b>20</b> Riddle of the day 9:45 Meditation <b>10:30 The Letting Go Guided Journal</b> 11:30 Digital/Book Coloring <b>12:15 Hearing Voices Network</b></p>	<p><b>21</b> Riddle of the day 9:45 Meditation <b>10:00 NH Mental Health Peer Alliance</b> <b>12:30 Reiki with Renee</b> 7:00 NA Meeting</p>	<p><b>22</b> Riddle of the day 9:45 Meditation <b>10:15 It's Grief: The Dance of Self Discovery</b> 11:15 Men's Group 1:00 Journaling</p>	<p><b>23</b> <b>CLOSED FOR THANKSGIVING</b></p> 	<p><b>24</b> <b>CLOSED FOR THANKSGIVING</b></p> 
<p><b>27</b> Riddle of the day 9:45 Meditation <b>10:30 The Letting Go Guided Journal</b> 11:30 Digital/Book Coloring <b>12:15 Hearing Voices Network</b></p>	<p><b>28</b> Riddle of the day 9:45 Meditation <b>10:30 Dare to Lead</b> <b>12:30 Reiki with Renee</b> <b>7:00 NA Meeting</b></p>	<p><b>29</b> Riddle of the day 9:45 Meditation <b>10:15 It's Grief: The Dance of Self Discovery</b> 11:15 Men's Group 1:00 Journaling <b>5 pm Board Meeting</b></p>	<p><b>30</b> Riddle of the day 9:45 Meditation <b>10:30 Ted Talks</b> 11:30 Mystery Craft 1:00 Soup Making <b>7:00 NA Meeting</b></p>	<p><b>Saturdays</b> 7 pm Alcoholics Anonymous</p> <p><b>Rochester Holiday Parade</b> December 3 at 3 pm <b>Rain Date:</b> Dec 4 at 6 pm</p>