



November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 9:45 Meditation 10:30 Calming Coloring 11:30 TED Talks 12:30 Trauma Survivors</p>	<p>2 9:45 Morning Walk 10:15 Journaling 11:00 Creative Arts 12:30 IPS Topics 7:00 NA Meeting</p>	<p>3 9:45 Meditation 10:15 Boundaries 11:15 Trivia 12:30 Budgeting</p>	<p>4 9:45 Morning Walk 10:15 Irrational Beliefs 11:00 Crafts 12:30 WRAP 6:30 NA Meeting</p>	<p>5 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Movie 7:30 AA Meeting</p>
<p>8 9:45 Meditation 10:15 Calming Coloring 11:00 TED Talks 12:30 Trauma Survivors</p>	<p>9 No Transportation 9:45 Morning Walk 10:15 Journaling 11:00 Creative Arts 12:30 IPS Topics 7:00 NA Meeting</p>	<p>10 9:45 Meditation 10:15 Boundaries 11:15 Trivia 12:30 Dream Jobs</p>	<p>11 Closed Veterans' Day</p>	<p>12 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Virtual Tour 7:30 AA Meeting</p>
<p>15 9:45 Meditation 10:15 Calming Coloring 11:00 TED Talks 12:30 Trauma Survivors</p>	<p>16 No Transportation 9:45 Morning Walk 10:15 Journaling 11:00 Creative Arts 12:30 IPS Topics 7:00 NA Meeting</p>	<p>17 9:45 Meditation 10:15 Boundaries 11:15 Trivia 12:30 Community Meeting</p>	<p>18 No Transportation 9:45 Morning Walk 10:15 Coping Skills Card Game 11:00 Crafts 12:30 WRAP 6:30 NA Meeting</p>	<p>19 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Movie 7:30 AA Meeting</p>
<p>22 9:45 Meditation 10:30 Calming Coloring 11:30 TED Talks 12:30 Trauma Survivors</p>	<p>23 No Transportation 9:45 Morning Walk 10:15 Journaling 11:00 Creative Arts 12:30 IPS Topics 7:00 NA Meeting</p>	<p>24 9:45 Meditation 10:15 Boundaries 11:15 Trivia 12:30 Budgeting 5:00 Board Meeting via Zoom (Members Welcome!)</p>	<p>25 Closed Thanksgiving</p>	<p>26 Closed Thanksgiving</p>
<p>29 9:45 Meditation 10:30 Calming Coloring 11:30 TED Talks 12:30 Trauma Survivors</p>	<p>30 No Transportation 9:45 Morning Walk 10:15 Journaling 11:00 Creative Arts 12:30 IPS Topics 7:00 NA Meeting</p>			

Calendar subject to change.