



October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				7 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Movie 7:30 AA Meeting
4 9:45 Meditation 10:15 Calming Coloring 11:00 TED Talks 12:30 Trauma Survivors	5 9:45 Morning Walk 10:15 Journaling 11:00 Creative Arts 12:30 IPS Topics 7:00 NA Meeting	6 9:45 Meditation 10:15 Co-Dependent 11:15 Trivia 12:30 Budgeting	7 9:45 Morning Walk 10:15 Wellness 11:00 Crafts 12:30 WRAP 6:30 NA Meeting	8 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Virtual Tour 7:30 AA Meeting
11 CLOSED COLUMBUS DAY	12 9:45 Morning Walk 10:15 Journaling 11:00 Creative Arts 12:30 IPS Topics 7:00 NA Meeting	13 9:45 Meditation 10:15 Co-Dependent 11:15 Trivia 12:30 Dream Jobs	14 9:45 Morning Walk 10:15 Wellness 11:00 Crafts 12:30 WRAP 6:30 NA Meeting	15 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Cooking 7:30 AA Meeting
18 9:45 Meditation 10:30 Calming Coloring 11:30 TED Talks 12:30 Trauma Survivors	19 9:45 Morning Walk 10:15 Journaling 11:00 Creative Arts 12:30 IPS Topics 7:00 NA Meeting	20 9:45 Meditation 10:15 Co-Dependent 11:15 Trivia 12:30 Community Meeting	21 9:45 Morning Walk 10:15 Wellness 11:00 Crafts 12:30 WRAP 6:30 NA Meeting	22 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Movie 7:30 AA Meeting
25 9:45 Meditation 10:30 Calming Coloring 11:30 TED Talks 12:30 Trauma Survivors	26 9:45 Morning Walk 10:15 Journaling 11:00 Creative Arts 12:30 IPS Topics 7:00 NA Meeting	27 8:30 Staff Development 11:30 Annual Meeting	28 9:45 Morning Walk 10:15 Wellness 11:00 Crafts 12:30 WRAP 6:30 NA Meeting	29 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Movie 7:30 AA Meeting