



JUNE 2022

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Question of the day 9:45 Meditation 10:15 Boundaries 11:15 Men's Group 12:30 Budgeting</p>	<p>2 Question of the day 9:45 Meditation 10:15 Woman's Group 11:00 Bingo 1:00 Wellness Recovery Action Plan 6:30 NA Meeting</p>	<p>3 Question of the day 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Singing and Dancing</p>
<p>6 Question of the day 9:45 Meditation 10:15 Wellness Topic 11:15 Calming Coloring 1:00 Trauma Survivors</p>	<p>7 Question of the day 9:45 Meditation 10:15 Journaling 12:30 TED Talks 7:00 NA Meeting</p>	<p>8 Question of the day 9:45 Meditation 10:15 Boundaries 11:15 Men's Group 12:00 Community BBQ 12:30 Community Meeting</p>	<p>9 Question of the day 9:45 Meditation 10:15 Woman's Group 11:00 Fun and Games 1:00 Wellness Recovery Action Plan 6:30 NA Meeting</p>	<p>10 Question of the day 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Crafts</p>
<p>13 Question of the day 9:45 Meditation 10:15 Wellness Topic 11:15 Calming Coloring 1:00 Trauma Survivors</p>	<p>14 Question of the day 9:45 Meditation 10:15 Journaling 12:30 TED Talks 7:00 NA Meeting</p>	<p>15 Question of the day 9:45 Meditation 10:15 Boundaries 11:15 Men's Group 12:30 Making cold soup or salad</p>	<p>16 Question of the day 9:45 Meditation 10:15 Woman's Group 11:00 Trivia 1:00 Wellness Recovery Action Plan 6:30 NA Meeting</p>	<p>17 Question of the day 9:45 Meditation 10:30 Picnic at Great Island Common 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Singing and Dancing</p>
<p>20 Question of the day 9:45 Meditation 10:15 Wellness Topic 11:15 Calming Coloring 1:00 Trauma Survivors</p>	<p>21 Question of the day 9:45 Meditation 10:00 NH Mental Health Peer Alliance 10:00 Journaling 12:30 TED Talks 7:00 NA Meeting</p>	<p>22 Question of the day 9:45 Meditation 10:15 Boundaries 11:15 Men's Group 12:30 Gardening</p>	<p>23 Question of the day 9:45 Meditation 10:15 Woman's Group 11:00 Bingo 1:00 Wellness Recovery Action Plan 6:30 NA Meeting</p>	<p>24 Question of the day 9:45 Meditation 10:30 Adult children of Alcoholics/Dysfunctional families 12:00 Crafts</p>
<p>27 Question of the day 9:45 Meditation 10:15 Wellness Topic 11:15 Calming Coloring 1:00 Trauma Survivors</p>	<p>28 Question of the day 9:45 Meditation 10:15 Journaling 12:30 TED Talks 7:00 NA Meeting</p>	<p>29 Question of the day 9:45 Meditation 10:15 Boundaries 11:15 Men's Group 12:30 Budgeting 5:00 Board Meeting via Zoom (Members Welcome!)</p>	<p>30 Question of the day 9:45 Meditation 10:15 Woman's Group 11:00 Fun and Games 1:00 Wellness Recovery Action Plan 6:30 NA Meeting</p>	